



Elevate Academy
Elite Level – Dance Content 2019

Core Units:

1. **Advanced Technique** – Intensive techniques in Hip Hop, Ballet, Jazz and Contemporary
2. **Mind & Body Basics** – *Deeper understanding of anatomy of the human body, body mechanics and growth mindset development*
3. **Performance** – *Advanced performance techniques for live and recorded dance performances*
4. **Choreography** – *Learn to how effectively execute advanced choreographic works*
5. **Improvisation** – *Development of advanced spontaneous movement including body mapping through levels, shape and dynamics schema.*
6. **Dance Coaching** – *How to effectively teach dance and share your own choreographic work with others*
7. **Artist Management** - *Basic Artist development and management with opportunities to receive paid performance work.*

All Elite Level students will need to commit a minimum of 4hrs to taking Elevate Classes

Outcomes:

- SKILLS - dance training to fast track your development to help you to become a more accomplished performer
- PERSONAL DEVELOPMENT - increased well-being, confidence and self-esteem and learn basic management
- MENTORING – exclusive mentoring opportunities from some of the best professional industry artists
- PERFORMANCE EVALUATION - continual coaching and mentoring to develop stagecraft and dance technique during performances.
- 1 YEAR ALL ACCESS PASS – unlimited access pass to attend Elevate Academy and Kulture Break dance classes
- 2 Day VIP BOOTCAMP PASS – to attend workshops and lunch with local, interstate and international coaches
- LIVE PERFORMANCES – opportunities to share your passion live on stage in professional settings to large audiences
- MERCHANDISE – exclusive Elevate Academy merchandise pack including T-shirts, bag and drink bottle.
- CERTIFICATE OF COMPLETION – receive a certificate of completion in each semester.

- PERSONAL PORTFOLIO – a personal work portfolio featuring professional photoshoot, choreographic dance videos and personal story video
- JOB OPPORTUNITY – Career opportunity in teaching at a dance studio locally and interstate.