



Elevate Academy
Emerging Level – Dance Content 2019

Core Units:

1. **Technique** – Develop a basic foundation in Hip Hop, Ballet, Jazz and Contemporary
2. **Mind & Body Basics** – Introduction to Basic Anatomy of the Human Body, Body Mechanics and how to develop a growth mindset
3. **Performance** – Develop performance techniques and incorporate artistic dance expression into basic dance performances.
4. **Choreography** – Learn how to work effectively in the creative arts industry and how to execute choreographed pieces.
5. **Improvisation** – Learn to incorporate concepts, foundation moves and use of creative thinking to produce a dance piece.

All Emerging Level students will need to commit a minimum of 3hrs to taking Elevate Classes

Outcomes:

- SKILLS - dance training to fast track your development to help you to become a more accomplished performer
- PERSONAL DEVELOPMENT - increased well-being, confidence and self-esteem
- MENTORING – exclusive mentoring opportunities from some of the best professional industry artists
- PERFORMANCE EVALUATION - continual coaching and mentoring to develop stagecraft and dance technique during performances.
- 1 YEAR ALL ACCESS PASS – unlimited access pass to attend Elevate Academy and Kulture Break dance classes
- 2 Day VIP BOOTCAMP PASS – to attend workshops and lunch with local, interstate and international coaches
- LIVE PERFORMANCES – opportunities to share your passion live on stage in professional settings to large audiences
- MERCHANDISE – exclusive Elevate Academy merchandise pack including T-shirts, bag and drink bottle.
- CERTIFICATE OF COMPLETION – receive a certificate of completion in each semester.
- PERSONAL PORTFOLIO – a personal work portfolio featuring professional photoshoot, choreographic dance videos and personal story video